

October 31, 2016

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Yellow Tulip Project at MMC Inspires Mental Illness Awareness

Employees at Maine Medical Center gathered last week to plant "Hope Gardens" in support of mental health awareness. The flower blossoms in the spring are a reminder of hope for those dealing with and affected by mental illness. The gardens were planted at 22 Bramhall, 66 Bramhall, and Spring Harbor Hospital.

The Yellow Tulip Project was started by local high school student Julia Hansen to bring awareness to mental illness in a positive way and help reduce the stigma

surrounding it. She started the movement last spring after she lost two friends to suicide. When Jeff Sanders, MMC Executive Vice President and COO, heard about Julia's project, he decided it would be a good fit for MMC.

"These gardens recognize the importance of quality mental health care for our patients and community," says Sanders.

You can learn more at theyellowtulipproject.org. Mental Illness Awareness Week is October 5 - 9.



P6's Kayla Cameron, CNA, and Stacey Goodwin, CNA, plant tulips outside the South Entrance at Bramhall.

Open Enrollment Time Again!

October 31 – November 18

You must take action to participate in a Flexible Spending Account or to have Health Savings Account payroll deductions in 2017.



**Enroll on the
MaineHealth Benefits Portal**



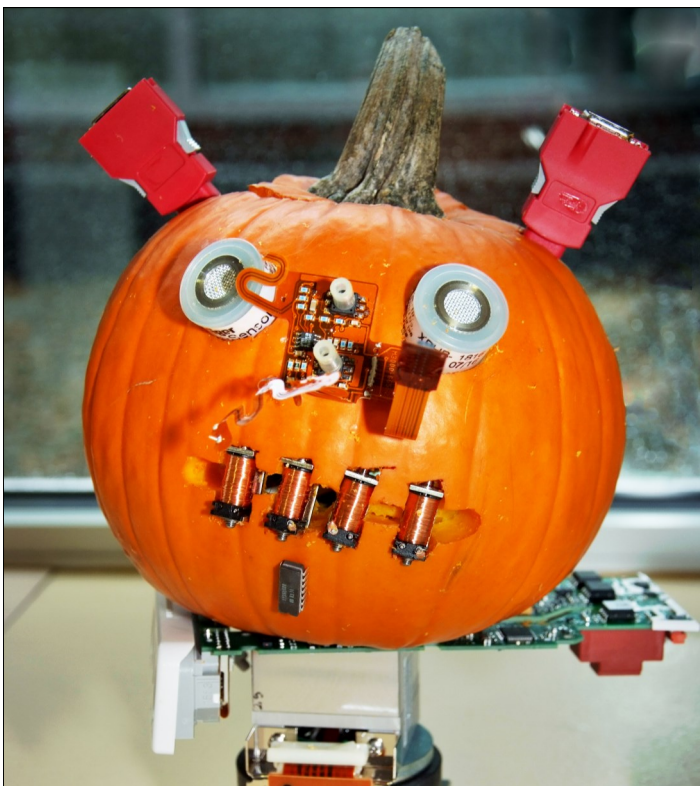
MaineHealth.org/benefits

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MMC Gets Into The Spirit of Halloween

Employees across the hospital started celebrating early with a pumpkin decorating contest, a pumpkin feast at the Impressions Café, and holiday-themed items at all of our shops.

Pictured (from top left, clockwise): Flower Box Volunteer Denyse Maddaleni; Light-up pumpkin robot by Bruce Parker, Clinical Engineering; Pumpkin birdhouse on an IV pole by Debra McPherson, Center for Clinical and Professional Development; Cheshire Cat and Yoda pumpkins created for BBCH by students at Cosmotech; and a festive display at the Gift Shop.




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